

108th International Women's Day Marked with an Inauguration of Women-Friendly Restroom

Reported by Radha Devi Sharma

TU-PNC, 9 March 2018 – On the occasion of International Women's Day 2018, the Women-Friendly Restroom Construction Consumer Committee and Safalta Nepal jointly organized a 2-day workshop on "Reproductive Health and Hygiene" in Prithvi Narayan Campus on 7-8 March 2018.

The workshop was inaugurated by honourable Speaker Netra Nath Adhikari of the Assembly of Province No. 4 and attended by teaching and non-teaching staff, and students of Prithvi Narayan Campus.



As International Women's Day is celebrated in many countries across the world, it is a day when women are recognized for their achievements irrespective of divisions whether they are national, linguistic, cultural, economic or political. According to the source, the main theme of the workshop was to live healthy and happy apart from receiving education in various fields.

In the workshop, there were 4 resource persons who came from different health sectors. They were Ram Sharan Shedhain, Keshab Raj Adhikari, Roshan Adhikari and Kabita Paudel who spoke on various topics related to health and hygiene.



Shedhain gave his presentation on HIV-AIDS and Keshab Adhikari and Roshan Adhikari on reproductive health focusing on safe-motherhood, abortion and lactation.

Similarly, Nursing Officer Kabita Paudel spoke on the most important issue for university girls – menstruation management and hygiene. She made to realize the gap of sharing between parents and children, teachers and students on menstrual management and hygiene. She reiterated on the role of awareness, sharing and questioning on the blind assumptions with which their guardians create certain boundaries so that they can keep themselves healthy.

At the same program, Durga Adhikari, the president of both Safalta Nepal and Radio Safalta reminded of the slogan of 108th International Women’s Day and highlighted the role of media in informing the public about what is happening with women in the world, particularly in the construction of public belief and attitudes and its relationship to social change. She said that the media is not only for entertainment but, if used properly, it is also for getting knowledge, adopting safety, improving attitude and health, and making life convenient.

The members of the Women-Friendly Restroom Construction Consumer Committee Krishna Upadhyay, Shanti Bhushal, and Radha Devi Sharma also spoke on the issues related to women such as the need of the women-friendly restroom. They emphasized that the campus administration should provide the best management and sustainability of the restroom so that the campus can prove itself as a model for other public institutions.

The workshop was concluded with the inauguration of the women-friendly restroom by handing over the keys of the restroom to Campus Chief Prof. Dr. Chandra Bahadur Thapa. Speaking at the ceremony, Campus Chief Thapa assured the organizers that he would take care of the newly constructed women-friendly restroom that was constructed within the premises of the campus.

